



STORY SNAPSHOT

Clare Health Centre is a community-owned building where a range of health and wellness services are offered to local residents.

Clare Health Centre works with the Nova Scotia Health Authority to bring primary care providers, health programs, and other social supports together in one accessible location.

Without locally-delivered care options, many residents of Clare face challenges in accessing the services they need, such as isolated seniors or those without their own means of transportation.

A global funding model would allow Clare Health Centre to focus on meeting the needs of local people instead of having to worry about keeping the doors open in times of crisis.



CLARE HEALTH CENTRE

Working to create safe, accessible care for our community

www.clarenovascotia.com



Like many rural communities in Nova Scotia, Clare residents have been working hard to provide consistent, accessible health care and social services. **Small changes - whether it's a doctor's retirement or new gap in funding - can create large challenges** to overcome, and for more than a decade, Clare Health Centre has been on the frontlines.



Many residents of Clare Municipality don't have a primary care provider, and on-call services are in high demand.

The Community Health Centre model brings together services that target the social determinants of health, going beyond a traditional medical model to ask **"What does our community need to be well?"** Clare Health Centre envisions a community with access local services like mental health supports, food security, social workers, and occupational therapists.

Located in

Clare, Nova Scotia



Key Features:

- Serves local residents and visitors to the municipality
- Community owned and operated
- Co-located interdisciplinary services and programs
- Collaborates actively with provincial health authority and other community-based partners

Since the COVID-19 pandemic, the interdisciplinary team at Clare Health Centre have worked to streamline safe and accessible service delivery. **The health professionals co-located in the community-owned Clare Health Centre building are collaborating** to provide in-person primary care, tele-health, palliative care, well-baby care, and more for the local community.



Clare Health Centre has strong connections to the local Clare community, and **their impact could be even stronger with the right funding model.** With the power to hire their own health care professionals and run programs to meet community needs, Clare Health Centre could help create a more resilient local health system.

Programs and services offered at Clare Health Centre:

- Primary Care
- Clinical Foot Care
- Blood Clinic
- Tele Health
- Vaccinations
- Mental Health and Addictions
- Cardiovascular Clinic
- Diabetic Clinic
- Continuing Care
- Flu Clinic
- Public Health
- Patient Portal
- Palliative Care
- On-call Health Services

Rural CHCs like Clare Health Centre ensure that even those in remote communities can access the primary care and wellness services they need.

Support Community Health Centres in Nova Scotia.