



## STORY SNAPSHOT

The Antigonish Women's Resource Centre (AWRC) is an independent, feminist, community-based organization.

AWRC provides information, support services and programs for women, girls, Two-Spirit, trans and non-binary people and their families and communities.

AWRC is made up of a multi-disciplinary team that offer services and programs to meet different needs of diverse women, girls, Two-Spirit, trans and non-binary folks.

Stable funding is needed to sustain this worthy model of equity-focused care.



## ANTIGONISH WOMEN'S RESOURCE CENTRE & SEXUAL ASSAULT SERVICES ASSOCIATION

A feminist Community Health Centre supporting girls, Two-Spirit, trans and non-binary folks and their families and communities



www.awrcsasa.ca

Antigonish Women's Resource Centre & Sexual Assault Services Association (AWRC) provides services to women, girls, Two-Spirit, trans and non-binary folks and their families and communities through a **comprehensive approach to well-being that promotes self-awareness, independence, and individual decision-making.**



"Thank you for this service. I don't know what I would have done without the sexual assault nurses/program"

AWRC is a community-based organization **guided by the lived experience of clients and patients, and the knowledge that they have about their own lives.** By providing information and support, AWRC is helping create conditions they need to make informed and healthy decisions for themselves and their families.

### Located in

Antigonish, Nova Scotia



### Key Features:

- Primarily serves local women and girls
- Health Services offered through Lindsay's Health Centre in partnership with the NS Health Authority - Eastern Zone
- Collaborates actively with other community-based partners

The team at AWRC offers crisis and ongoing problem-solving support, information, advocacy, and referral, as well as providing interdisciplinary health services through the Lindsay Health Centre. **Given the role that gender plays in determining health, AWRC also focuses on a range of social issues affecting women, girls, Two-Spirit, trans and non-binary folks** through research, community development and community education initiatives that promote the well-being of women.



Everyone has the right to make informed decisions about their health, particularly in the midst of the coronavirus pandemic, and **AWRC is a trusted community resource for compassionate, high-quality care.** Sustainable support is needed to keep these vital services and programs thriving.

### Programs and services offered at AWRC:

- Support Services
- Community Development
- Sexual Assault Services
- Primary Care
- Mental Health Services
- Addictions Services
- Public Health Services
- Women's Centre
- Community Research
- Community Education
- Outreach Programs
- Lindsay's Health Centre

CHCs like Antigonish Women's Resource Centre & Sexual Assault Services Association are essential components in the spectrum of care options for women, girls, Two-Spirit, trans, and non-binary people.

Support Community Health Centres in Nova Scotia.