

## STORY SNAPSHOT

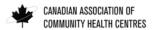
The Antigonish Women's
Resource Centre (AWRC) is an
independent, feminist,
community-based
organization.

AWRC provides information, support services and programs for women, girls, Two-Spirit, trans and nonbinary people and their families and communities.

AWRC is made up of a multidisciplinary team that offer services and programs to meet different needs of diverse women, girls, Two-Spirit, trans and non-binary folks.

Stable funding is needed to sustain this worthy model of equity-focused care.





## ANTIGONISH WOMEN'S RESOURCE CENTRE & SEXUAL ASSAULT SERVICES ASSOCIATION

A feminist Community Health Centre supporting girls, Two-Spirit, trans and non-binary folks and their families and communities



www.awrcsasa.ca

Antigonish Women's Resource Centre & Sexual Assault Services Association (AWRC) provides services to women, girls, Two-Spirit, trans and non-binary folks and their families and communities through a comprehensive approach to well-being that promotes self-awareness, independence, and individual decision-making.



"Thank you for this service. I don't know what I would have done without the sexual assault nurses/ program"

## Located in

Antigonish, Nova Scotia



## **Key Features:**

- Primarily serves local women and girls
- Health Services offered through Lindsay's Health Centre in partnership with the NS Health Authority - Eastern Zone
- Collaborates actively with other community-based partners

The team at AWRC offers crisis and ongoing problem-solving support, information, advocacy, and referral, as well as providing interdisciplinary health services through the Lindsay Health Centre. Given the role that gender plays in determining health, AWRC also focuses on a range of social issues affecting women, girls, Two-Spirit, trans and non-binary folks through research, community development and community





AWRC is a community-based organization **guided** by the lived experience of clients and patients, and the knowledge that they have about their own lives. By providing information and support, AWRC is helping create conditions they need to make informed and healthy decisions for themselves and their families.

Programs and services offered at AWRC:

- Support Services
- Community Development
- Sexual Assault Services
- Primary Care
- Mental Health Services
- Addictions Services

- Public Health Services
- Women's Centre
- Community Research
- Community Education
- Outreach Programs
- Lindsay's Health Centre

Everyone has the right to make informed decisions about their health, particularly in the midst of the coronavirus pandemic, and AWRC is a trusted community resource for compassionate, high-quality care. Sustainable support is needed to keep these vital services and programs thriving.

education initiatives that promote the well-being of women.

CHCs like Antigonish Women's Resource Centre & Sexual Assault Services Association are essential components in the spectrum of care options for women, girls, Two-Spirit, trans, and non-binary people.

Support Community Health Centres in Nova Scotia.